

Celebrate UNIQUENESS & Rock Your Socks!

March 21, 2025

You can wear crazy socks, brightly colored socks, long socks, short socks, printed socks, mismatched socks, any kind of fun socks, to celebrate being unique!



Every year on March 21, people all around the world come together to celebrate World Down Syndrome Day by wearing brightly colored, mismatched socks. March 21 is symbolic because people with Down syndrome have 3 copies of their 21st chromosome. Socks were chosen because the karyotype of Down syndrome chromosomes actually looks like mismatched socks!